



APPETIZERS

Oven Baked Nachos

Crisp corn tortilla chips topped with green onions, diced tomatoes, black olives and jalapenos. Smothered with a three cheese blend. Served with salsa and sour cream. **9.99**

With Chili **10.99** Add a 1/4 lb. of cheese for **2.50**

Chicken Wings

Lightly breaded chicken wings, fried crispy and tossed with your choice of either BBQ, honey garlic, salt & pepper or hot sauce. Served with carrot sticks.

Regular Size **8.99** Large Size **11.99**

Texas Cheesy Toast

Grilled garlic French bread smothered with a three cheese blend and melted to gooey perfection. **5.99**

BBQ Chicken Skins

Potato skins loaded with grilled chicken tossed in BBQ sauce, diced red onions, and smothered with a three cheese blend. Served with sour cream. **7.99**

Downs Chippers

Full basket of freshly-fried home cut potato chips specially seasoned. Served with Arizona ranch dip. **3.99**

Chicken Fingers

Lightly breaded breast of chicken fillets served with homemade honey-dill sauce. **6.99**

Battered Mushrooms

A basket of lightly golden battered mushrooms. Served with Ranch dip. **5.99**

Track Platter for Two

All the favourites to start you off. Cheesy toast, battered mushrooms, chicken fingers, nachos and chicken wings. Served with carrot sticks and dip. **15.99**

Quesadillas

Mixed peppers, bermuda onions, scallions, tomatoes and a three cheese blend, stuffed inside a grilled flour tortilla. Served with salsa and sour cream. **7.99**

With Chicken **9.29**



SOUPS & SALADS

Soup of the Day

Ask your server for today's selections.

Cup **2.79** Bowl **3.99**

French Onion

Homemade soup loaded with braised onions, topped with croutons, Mozzarella and Swiss cheeses. Served with garlic toast. **5.79**

Fresh Garden Salad

Assorted lettuces with julienne carrots, red cabbage and radishes. Garnished with tomatoes and cucumbers. Served in a flour tortilla bowl with garlic toast. **5.99**

Add Chicken **2.50** Add Chili **2.00**

Greek Salad

Romaine lettuce, sweet onion, peppers, kalamata olives, tomatoes and cucumbers tossed in an oregano vinaigrette and topped with feta cheese. Served in a tortilla bowl with garlic toast. **8.39**

Traditional Caesar Salad

Romaine lettuce, bacon, croutons and parmesan cheese tossed with house made dressing. Served with lemon and garlic toast. **7.69**

Add Chicken **2.50**

New Zealand Salad

Romaine lettuce tossed with poppy seed dressing and garnished with strawberries, kiwi and craisins. Served with a mini banana loaf. **8.39**

The Voice Plate

An assortment of seasonal fresh fruit slices, fresh vegetables with dip and domestic cheeses served with fresh baked banana loaf. **9.99**



DESSERTS

Fresh Baked Pies made daily from Our Bakeshop

Choose from Apple, Banana Cream and Lemon Meringue **3.25**

Add ice cream **0.50**

Sundae dish of ice cream **2.25**

Or ask your Server for our Dessert of the Day **4.50**



BURGERS, SANDWICHES & MORE

Served with dill pickle and carrot sticks. For an additional \$1.99, add your choice of home cut fries, Down's Chippers, caesar salad or garden salad with your choice of dressing.

Assiniboia Downs Burger

6 oz beef patty, specially seasoned and broiled to perfection served on an onion Kaiser roll. Fully loaded with cheddar cheese, bacon, sautéed mushrooms and chili sauce. Garnished with shredded lettuce, tomato, onions and mayonnaise. **7.99**

Char-Broiled Chicken Burger

Grilled chicken breast served on an onion kaiser, garnished with tomato, lettuce and mayonnaise. **7.29**

Chicken Caesar Wrap

Sliced grilled chicken breast with romaine lettuce crisp bacon and sliced tomatoes. Tossed with Homemade Caesar dressing wrapped in a salsa tortilla shell. **7.69**

Grilled Reuben

Thinly sliced corned beef loaded with sauerkraut, Swiss cheese, and thousand island dressing. Grilled on thick sliced rye bread. **7.29**

Toasted Denver

Two farm-fresh-eggs combined with diced ham, green onions and grilled to perfection. **5.99**

Assiniboia Clubhouse

A Triple-Decker with chicken, bacon, lettuce, tomato, cheddar cheese and mayonnaise. **7.99**

Vegetable Wrap

Julienne of zucchini, carrots and red peppers with cucumbers, diced tomatoes and alfalfa sprouts wrapped in a salsa tortilla shell with a herb cream cheese. **7.49**

Grilled Cheese Sandwich

With cheddar or swiss cheese and your choice of bread. **3.95**

With Bacon **4.95** With Tomatoes **4.50**

Sides

Fresh Cut Fries **3.60**

Onion Rings **3.99**

Poutine **6.49**

Garlic Toast **2.59**

Gravy **0.89**

Spicy Potato Wedges **3.50**

Side Caesar Salad **2.99**

Side Garden Salad **2.99**

Extra Sauces **0.39**



SPECIALTIES

Prime Rib Dip

Thinly sliced prime rib with sautéed mushrooms and onions served on a submarine roll with beef au jus dip. **7.99**
Add a side of fries or salad **1.99**

Thunder Dog

A quarter pound hot dog served on a submarine roll loaded with sautéed onions, chili and cheese. **5.99**
Add a side of fries or salad **1.99**

New York Steak Sandwich

Char-Broiled to perfection on garlic toast topped with sautéed mushrooms and onion rings. Served with your choice of mashed, baked potato, fries or rice. **12.99**

Fish and Chips

Battered Cod Fillets with home cut fries and coleslaw, served with tartar sauce and lemon. **10.99**

Chicken Finger Dinner

Lightly breaded chicken tenders served with home cut fries and coleslaw, served with honey dill sauce. **10.99**

Oven Baked Lasagna

Lasagna noodles layered between bolognese sauce, topped with mozzarella cheese and served with garlic toast. **9.99**



STIR FRY

Sautéed Bermuda onions, carrots, broccoli, cauliflower, bok choy and baby corn in a sesame ginger teriyaki sauce. Served over your choice of rice or pasta and finished with chow mein noodles.

Vegetarian **9.99** Chicken **11.99**

(All prices are subject to P.S.T. and G.S.T.)



BEVERAGES

Coffee **1.50**
Tea **1.50**
Soft Drinks **2.25**

Dasani **2.25**
Milk **2.25**
Juice **2.50**



BEER & WINES

House Wine (5oz.) **4.25**
1/2 Litre Carafe **12.50**
1 Litre Carafe **23.99**

Domestic Beer **3.75**
Imported Beer **4.75**
Liquor (1oz.) **3.75**

(Above prices include P.S.T. and G.S.T.)

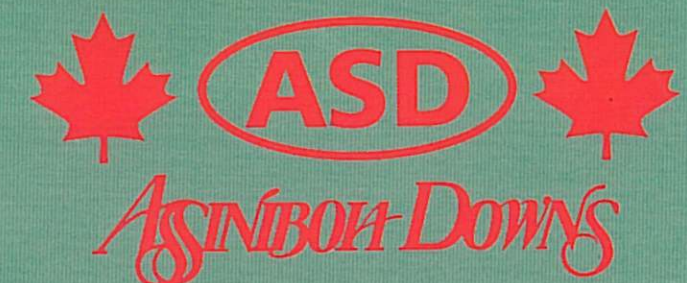


PLANNING AN EVENT?

- Let Assiniboia Downs be your first choice! Open year-round we are ideal for banquets, receptions, conventions, meetings, socials, weddings and more! From eight to 800 people, we offer fabulous food and fantastic facilities to suit all of your needs. Just call our Sales and Catering Office at **204.885.3330 ext. 249.**
- Feeling Lucky? Check out our Club West Gaming Lounge with 140 Video Lotto Terminals for your entertainment!
- Join us for exciting live horse racing from May through September and year-round big screen televised racing action from across the globe, in Las Vegas style atmosphere!
- Please visit our website at www.assiniboia Downs.com for an eye opening experience!



CLUB WEST MENU





BREAKFAST

Available Daily 9am - 2pm

Classic French Toast

Served with butter and maple syrup. **5.29**

At the Post

Two eggs, any style, with bacon, sausage or ham. Served with crispy hash browns, toast and jam. **5.89**

Breakfast Wrap

Two eggs, scrambled, with ham, green onion, and three cheese blend. Wrapped in a warm tortilla shell. Served with hash browns. **5.99**

Breakfast Skillet

Two eggs, any style, served on a bed of hash browns. Topped with ham, tomatoes and green onions and melted three cheese blend. Served with toast and jam. **6.99**

Made-To-Order Omelet

Two egg omelet with your choice of the following fillings: diced ham, bacon, sausage, green onions, tomatoes, mushrooms, peppers, Swiss cheese or cheddar. Served with hash browns, toast and jam. **7.69**

Fruit Cup

Fresh cut fruit served with homemade mini banana loaf. **4.99**

Bagel

Plain or toasted, served with butter, cream cheese or jam. **2.49**

Toast

Your choice from white, whole wheat, rye or French. **1.95**

Cinnamon Bun

Grilled until gooey good. **2.69**

Assorted Muffins or Danish Pastries **1.95**

Banana Loaf **1.95**

Extra Meat

Bacon, Sausage **1.99**